



"It is by riding a bicycle that you learn the contours of a country best, since you have to sweat up the hills and coast down them." (Ernest Hemingway)

"Credo che abbattendovi a uno vino che fosse secondo vostra natura, non vi bisognarebbe altro medico a ritornarvi le forze." (Ser Lapo Mazzei, 1404)

ENOICA ROAD TUSCANY DOC

Day 1st: arrival at Fonterutoli

Participants arrive by their own means **by 7:00 pm** (pick-up services may be arranged, ask us for a quote) at Castello di Fonterutoli, next to Castellina in Chianti. At 8:00 pm there will be a welcome dinner prepared by the chef of Osteria di Fonterutoli paired with the world renowned Castello di Fonterutoli wines (www.mazzei.it). Accommodation at the Locanda di Fonterutoli in the hamlet.

To get to Fonterutoli:

- **From Roma** take highway A1 direction north and exit at Valdichiana following the directions to Siena. At Siena proceed towards Florence, take the exit Badesse and turn left. At SR 222 take a left following the directions to Castellina in Chianti and after 1 Km you are at Fonterutoli (stop to the Wine shop in the corner for the check-in)
- **From Florence**: take the highway to Siena till the exit San Donato. Turn left following the directions to Castellina in Chianti. At Castellina proceed on SR 222 towards Siena and after 5 Km you are at Fonterutoli (stop to the Wine shop in the corner for the check-in).

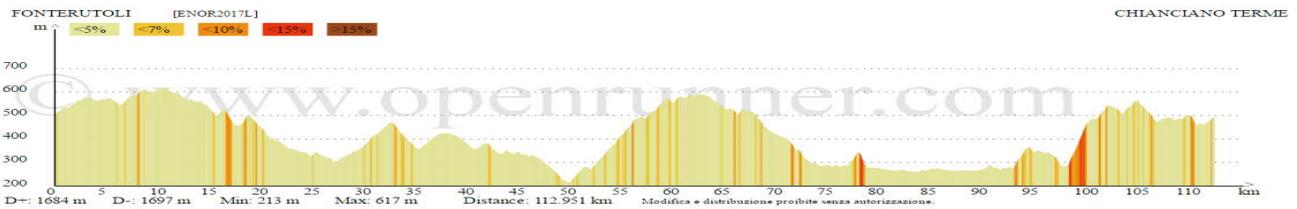
Airport: Florence Vespucci 80 km; Pisa Galilei 100 km; Bologna Marconi 140 km; Roma Da Vinci 280 km

Day 2nd: stage Fonterutoli – Montepulciano (long/medium: 113/107 km e 1,650/1,450 mt elevation)

A stage through the Chianti Classico on remote and quiet roads, in a sequence of ups and downs surrounded by the combination of vineyards and woods typical of the area. After Castellina and Radda in Chianti, we will pass by the Brolio Castle, an ancient Florentine outpost, to reach then Castelnuovo Berdenga in the southern part of the Chianti. Then we will face the long climb that leads to the fortified village of Garonza to step down to the Val di Chiana over a short gravel stretch, touching the villages of Lucignano, Sinalunga and Torrita di Siena. The last and most challenging climb of the day will lift us to Montepulciano, the marvelous medieval town home of Nobile di Montepulciano, one of the most important wine appellation of Tuscany. An alternative route, slightly

shorter avoids the ascent of Gargonza. Exclusive dinner with wine tasting in a typical restaurant and overnight stay at the City centre.

Long route



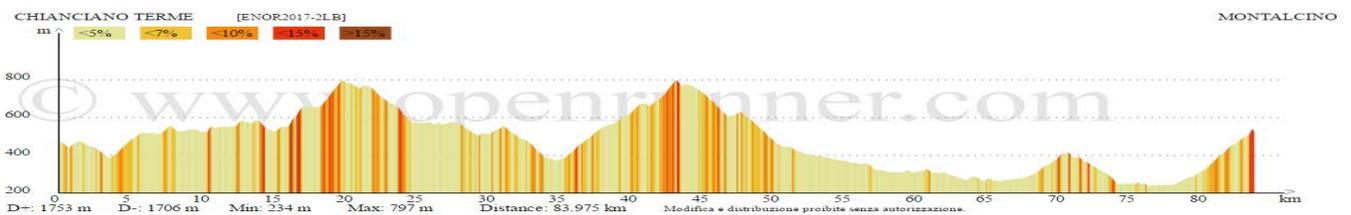
Easier route



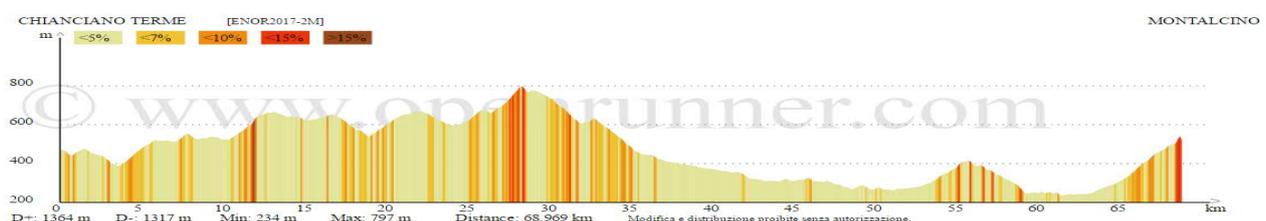
Day 3rd: stage Montepulciano - Montalcino (long/medium: 84/69 km e 1,750/1,350 mt elevation)

The shortest stage but challenging and spectacular which will take us from Chianciano, an ancient city known for its thermal baths, to Sarteano with its mighty medieval castle. The following tough climb will lead to San Casciano dei Bagni, another spectacular little village with 42 active hot water springs, which will disclose the unequalled Val d'Orcia. After a long and winding descent we will head up to the fortress of Radicofani by a hard climb well rewarded by the beauty of the place. From there we will proceed downhill and then on a mostly flat stretch to get to San Quirico d'Orcia, another important medieval town on the Via Francigena. A short downhill to get to the last breathtaking climb up to Montalcino, home of the Brunello, one of the most appreciated wines in the world. The medium route that from Sarteano takes a shortcut to Radicofani is just as spectacular as the long one but less hard. Overnight in a hotel in town and dinner at a local restaurant with tasting of Brunello di Montalcino DOCG wines.

Long route



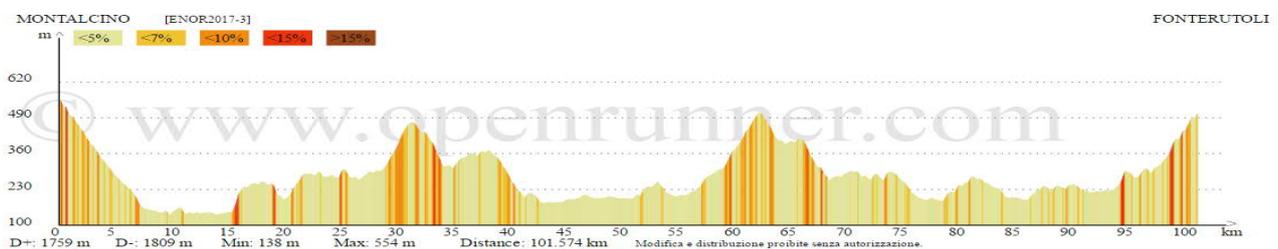
Medium route



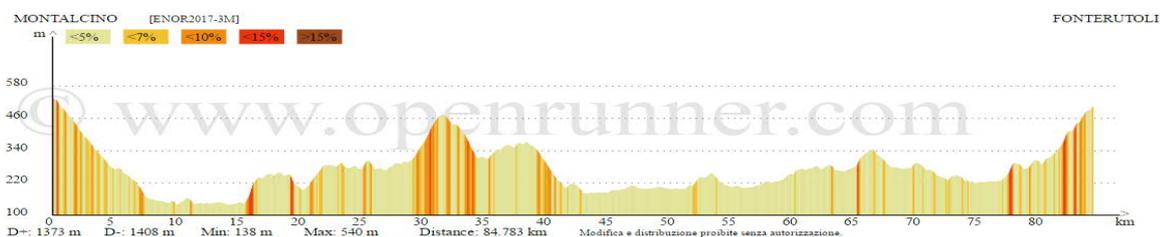
Day 4th: stage Montalcino – Fonterutoli (long/medium: 102/85 km e 1,700/1,350 mt elevation)

A stage leaving from Montalcino in a winding descent towards Buconvento, a beautiful medieval town on the ancient via Cassia. We will then head west facing the short but steep climb of Bibbiano and then on to Murlo, a very picturesque village with Etruscan origins. From there we will continue on a remote road in the woods, with a beautiful gravel stretch of about 4 km to reach Sovicille, other medieval walled city with much older origins, to deal with the climb of Ancaiano in the Montagnola Senese. In a landscape surrounded by a picturesque Mediterranean habitat, we will descend to Pievescola to head to the impressive fortress of Siena Monteriggioni, along forgotten roads. Once in Monteriggioni just the last efforts, from Badesse to the deserved finish back in Fonterutoli. The medium route will take a shortcut from Sovicille to Monteriggioni avoiding to climb the Montagnola Senese.

Long route



Medium route



Snack at the Fonterutoli winery followed by an exclusive wine dinner to celebrate the Enoica Road accomplishment and accommodation at Locanda di Fonterutoli.

Day 5th: departure from Fonterutoli

Departure from Fonterutoli by participants own means (drop-off services may be organized and quoted on demand).

Price

The price to participate to the ENOICA ROAD TUSCANY DOC with double room accommodations is € **1,400 per person** (minimum 8 participants).

Customized routes as well as special quotes for larger groups can be arranged.

The price includes:

- Cycling guides and other staff members
- Vehicles for assistance and luggage transport
- GPS tracks

- Accommodation for the whole period
- All meals for the whole period
- All wines served at dinners

The price doesn't include:

- Transportation to / from Fonterutoli (available upon request)
- Single bedroom accommodation (available on request with extra price)
- Extras in the hotels and along the trail
- Massages
- Tips
- Everything not mentioned in the above "The price includes".

GENERAL INFORMATION

Registration

Registration is confirmed when we receive:

- the registration form
- the disclaimer form
- the bank transfer.

Bike rentals

Good bicycles to rent are available on demand.

Accompanying vehicles

One or more vehicles will follow the group along the route providing assistance and luggage transportation.

Staff and assistance

Enoica staff will have everything necessary for emergency repairs, but it is essential that the participants bring with them a kit for repairing any punctures (1 air chamber and 1 can of CO2 with dispenser). It is mandatory to have the bicycle checked before departure, in order to avoid wasting time on issues due to poor maintenance.

Refreshment

Cyclists will be supplied with food, beverages and supplements during the whole ride. However we suggest bringing your own energy bars, gels and mineral salts.

What to bring

Due to the limited room in the accompanying vehicles, participants are asked to bring a minimal amount of luggage:

- ✓ one bag or trolley suitcase
- ✓ cycling clothes for the season

- ✓ casual clothes for the evenings
- ✓ **helmet (mandatory)**
- ✓ bike water bottle and/or camelback
- ✓ tire repair kit with spare tube

Road safety

Participating cyclists must cautiously respect the road rules and follow the guide's instructions.

Health and Insurance Release clause

Cyclists are requested to send a copy of a current medical certificate stating that they are fit for cycling and sport activity. They will be provided with a Cycling Association membership that includes insurance. Furthermore to participate to the Enoica Road, cyclists will be asked to sign a disclaimer form.