

“It is by riding a bicycle that you learn the contours of a country best, since you have to sweat up the hills and coast down them.” (Ernest Hemingway)

“Credo che abbattendovi a uno vino che fosse secondo vostra natura, non vi bisognarebbe altro medico a ritornarvi le forze.” (Ser Lapo Mazzei, 1404)

## ENOICA ROAD TUSCANY CLASSIC

### Day 1<sup>st</sup>: arrival at Fonterutoli

Participants arrive by their own means **by 6:00 pm** (pick-up services may be arranged, ask us for a quote) at Castello di Fonterutoli, next to Castellina in Chianti (Siena). At 7:00 pm there will be a tour of the state of the art winery and tasting of the world renowned Castello di Fonterutoli wines ([www.mazzei.it](http://www.mazzei.it)). Dinner and accommodation at the Locanda di Fonterutoli.

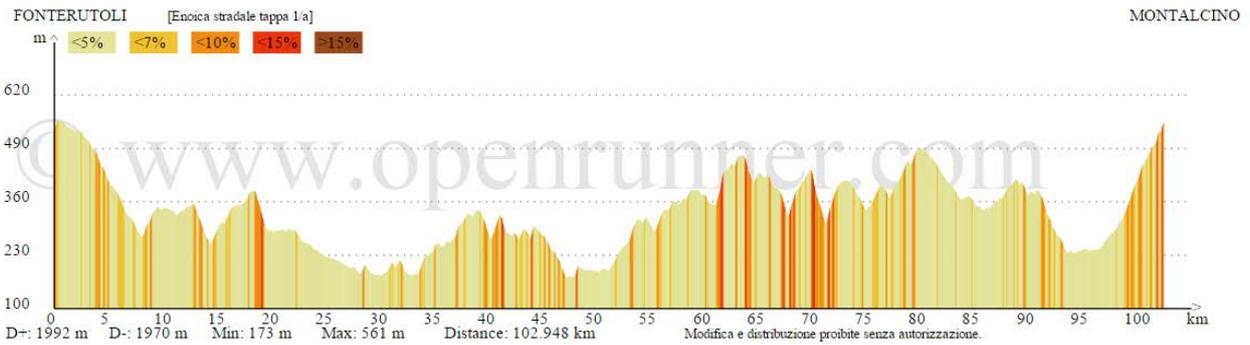
To get to Fonterutoli:

- **From Roma** on A1 take the exit Valdichiana following the directions to Siena. At Siena proceed towards Florence and take the exit Badesse. Take a left and follow the directions to Castellina in Chianti till SR 222. Take a left for 1 Km and Fonterutoli is on your left.
- **From Florence**: on the highway to Siena take the exit San Donato. Take a left following the directions to Castellina in Chianti. At Castellina proceed on SR 222 towards Siena and after 5 Km Fonterutoli is on your right.

Airports: Florence Vespucci 80 km; Pisa Galilei 100 km; Bologna Marconi 140 km; Roma Da Vinci 280 km

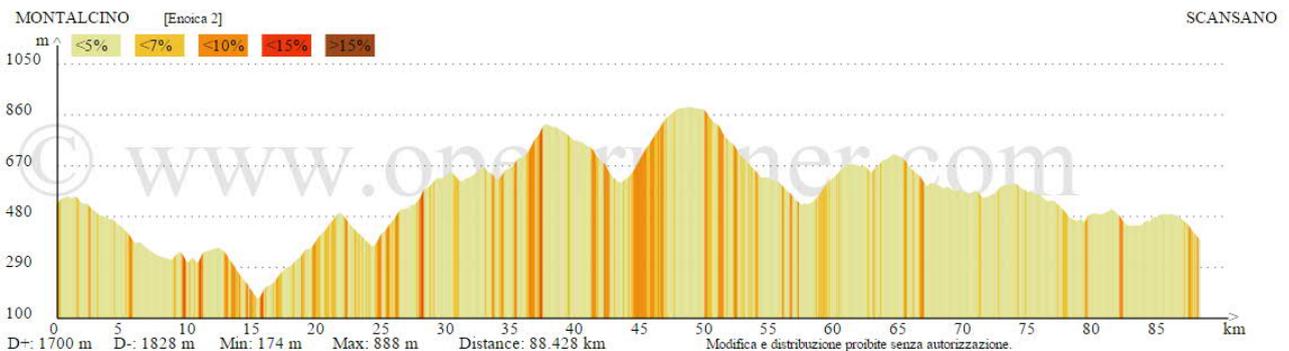
### Day 2<sup>nd</sup>: Stage Fonterutoli – Montalcino (103 km and 1,900 mt of climbing)

Following the “Chiantigiana” road surrounded by the magnificent Chianti Classico vineyards, this first stage will take us into the heart of Siena, famous worldwide for its immense beauty. We will then continue in the direction of Asciano with a challenging ride up and down through the spectacular Crete Senesi, where the presence of gullies forms a picturesque landscape with lunar features. We will then get to Pienza, a small pretty town which is a Unesco world heritage site, and to S. Quirico d’Orcia, another important medieval town. From there after few kilometers downhill, we tackle the last climb on a stunning panorama to reach Montalcino, the home of Brunello, one of the world’s most notable wines. Exclusive dinner with a Brunello wine tasting and accommodation in a hotel right in the center of the town.



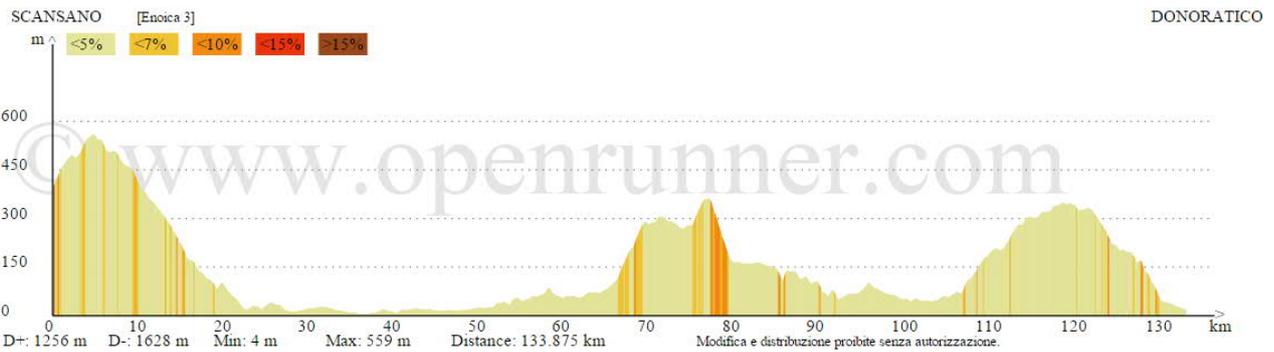
### **Day 3<sup>rd</sup>: Stage Montalcino - Scansano (88 km and 1,700 mt of climbing)**

A demanding stage that goes across the southern Brunello area and its manicured vineyards, to get the astonishing abbey of S. Antimo near Castelnuovo dell'Abate, one of the finest examples of Romanesque architecture in Tuscany. We will continue descending to the Orcia River to face a long climb on the slopes of Mount Amiata passing through the towns of Seggiano and Arcidosso, with its lordly medieval fortress "Aldobrandesca". Another steep uphill stretch and we will reach Santa Fiora, where the headwaters of the river Fiora give life to a spectacular 16th century fishpond. We will then climb for about 4 km with short stretches of gravel on a challenging mountain road. Once on the ridge, we pass by the castle of Triana and the town of Roccalbegna. From there we prepare to tackle the last kilometers to reach the proximity of the town of Scansano, turned famous by its Morellino wine. Accommodation in the area and dinner at a local restaurant with Morellino DOCG and Maremma DOC wines tasting.



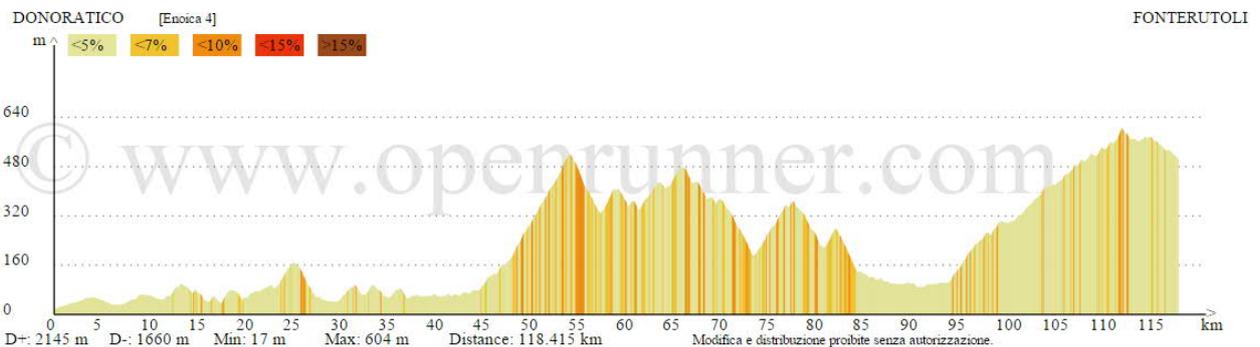
### **Day 4<sup>th</sup>: Stage Scansano – Donoratico (134 km e 1.250 mt of climbing)**

Long soft stage with the first kilometers slightly uphill, followed by an enjoyable descent of around 15 km with spectacular views over the Tyrrhenian Coast surrounded by vineyards. After a long flat stretch we will climb to the ancient town of Massa Marittima, one of the jewels of Maremma. We will continue through a natural park to Suvereto, a town that is part of "The Most Beautiful Villages of Italy Club" and famous for its wines. An easy long climb will then lead us to Sassetta from where we will start the descent towards Castagneto Carducci, home of the famed poet Giosuè Carducci. The last few kilometers downhill to Donoratico where we will stay overnight at a local hotel. Dinner in a typical restaurant or at a winery of Bolgheri.



### **Day 5<sup>th</sup>: Stage Donoratico - Fonterutoli (118 km e 2.100 mt of elevation)**

This last stage will start among the fascinating Via Bolgherese surrounded by the most famous wineries all the way to the village of Bolgheri, riding through the magnificent cypress avenue celebrated by Carducci. We will continue towards Bibbona and Saline di Volterra from where, through an amazing landscape, we will attack the beautiful climb up to Volterra, a major Etruscan settlement, famous for its alabaster. Then in a continuous up and down ride, we head to San Gimignano, the wonderful medieval city world known for its towers. We will proceed through the nearby city of Poggibonsi to ride the last long and soft climb to Castellina in Chianti and then to the deserved finish back at Fonterutoli.



Exclusive wine dinner to celebrate the Enoica Road adventure and accommodation at the Locanda di Fonterutoli.

### **Day 6<sup>th</sup>: departure from Castello di Fonterutoli**

Departure from Fonterutoli by participants own means (drop-off services may be organized and quoted on demand).

### **Price**

The price to participate to the ENOICA ROAD TUSCANY CLASSIC with double room accommodations is € **1,800 per person** (minimum 8 participants).

Customized routes as well as special quotes for larger groups can be arranged.

**The price includes:**

- Cycling guides and other staff members
- Vehicles for assistance and luggage transport
- GPS tracks
- Accommodation for the whole period
- All meals for the whole period
- All wines served at dinners

**The price doesn't include:**

- Transportation to / from Fonterutoli (available upon request)
- Single bedroom accommodation (available on request with extra price)
- Extras in the hotels and along the trail
- Massages
- Tips
- Everything not mentioned in the above "The price includes".

## **GENERAL INFORMATION**

### **Registration**

Registration is confirmed when we receive:

- the registration form
- the disclaimer form
- the bank transfer.

### **Bike rentals**

Good bicycles to rent are available on demand.

### **Accompanying vehicles**

One or more vehicles will follow the group along the route providing assistance and luggage transportation.

### **Staff and assistance**

Enoica staff will have everything necessary for emergency repairs, but it is essential that the participants bring with them a kit for repairing any punctures (1 air chamber and 1 can of CO2 with dispenser). It is mandatory to have the bicycle checked before departure, in order to avoid wasting time on issues due to poor maintenance.

### **Refreshment**

Cyclists will be supplied with food, beverages and supplements during the whole ride. However we suggest bringing your own energy bars, gels and mineral salts.

## **What to bring**

Due to the limited room in the accompanying vehicles, participants are asked to bring a minimal amount of luggage:

- ✓ one bag or trolley suitcase
- ✓ cycling clothes for the season
- ✓ casual clothes for the evenings
- ✓ **helmet (mandatory)**
- ✓ bike water bottle and/or camelback
- ✓ tire repair kit with spare tube

## **Road safety**

Participating cyclists must cautiously respect the road rules and follow the guide's instructions.

## **Health and Insurance Release clause**

Cyclists are requested to send a copy of a current medical certificate stating that they are fit for cycling and sport activity. They will be provided with a Cycling Association membership that includes insurance. Furthermore to participate to the Enoica Road, cyclists will be asked to sign a disclaimer form.